TASTE OF LAPLAND



eight-day unique train journey from Östersund to Gällivare, featuring:

- exciting flavours for all the senses
- insight into Sápmi and Sámi culture
- vast plains and the World Heritage site Laponia
- foodwalk in Östersund
- visit to Båtsuoi Sami Centre
- visit to Ajtte, the Swedish Mountain and Sámi Museum
- visit to Arjeplog and the Silver Museum. walk tour of the town and lunch
- Gällivare: Flavours of Sápmi, Midnight tour to Malmberget and Mount Dundret
- train trip and 7 nights in mid-range

Dela din upplevelse





This is a journey for all who are fascinated by food, flavours and nature experiences and who are curious about Sámi culture.

Open your senses and discover the land of the midnight sun and Swedish Sápmi. Here you will meet the people, the food, the crafts and the history. You get to hear about the love of the reindeer, the hard life in the wilderness and the ancient traditions that still live.

Båtsuoj Sámi Centre is one of many treasures waiting along the way, as is the unique Silver Museum in Arjeplog. In Östersund, culinary profile Manne Mosten will take you on a foodwalk, and in Gällivare you are invited to food tasting "Flavours of Sápmi" at the Laponia entrance in the station building. You will also enjoy a midnight tour to Mount Dundret and the mining town of Malmberget.

Welcome to experience the best of Sápmi!





Taste of Lapland | for foodies







ITINERARY | DAY BY DAY

DAY 1 | ARRIVAL ÖSTERSUND

Make your own travel arrangements to Östersund, where your package tour begins with an overnight stay. Östersund is beautifully located by Lake Storsjön, where you might catch a glimpse of the famous lake monster.

DAY 2 | ENJOY A FULL DAY IN ÖSTERSUNDIf you want to get acquainted with the Sámi culture at once, visit the Jamtli Museum and the handicraft shop Gaupa. In the afternoon you will meet the city's own ciceron Manne Mosten, who will take you on a food walk in Östersund's restaurant district and tell you more about Swedish food. There will be five dishes in five different places including cheese and chocolate tasting.

DAY 3 | BÅTSUOJ SÁMI CENTRE

It's time for the first leg of the journey on Inlandsbanan, taking you north passing vast forests and fish-rich waters. Eventually we'll reach Sweden's largest landscape, Lapland. In Slagnäs, the journey continues with a short bus ride to Båtsuoj Sámi Centre, where you will take part in Sámi life. You will enjoy a Sámi meal that is served in a traditional hut whilst listening to stories from Sápmi. From Båtsuoj we go on to the town of Arjeplog, a place that well reflects the Sámi heritage and which is one of Sweden's smallest municipalities with regards to population.

DAY 4 | EXCURSIONS IN ARJEPLOG - THE SILVER MUSEUM

The day begins with a short guided walk around the centre of Arjeplog, with stories of today and days gone by. The Silver Hall is the Silver Museum's treasury. Sami silver glimmers under the blue vaults. Riches and prosperity hidden within collars and belts, jugs, mugs and spoons. This collection of Sámi silver is the largest of its kind and includes close to 700 individual items from medieval times to the 20th century. Lunch is served at Hotell Lyktan. The trip back to Inlandsbanan goes via Galtispuoda mountain where you a day with clear skies can see 140 km, 360 degrees. We join the train in Arvidsjaur, and shortly before reaching Jokkmokk you will cross the Arctic Circle - the entrance to the Land of the Midnight Sun.

DAY 5 | SÁMI CULTURE IN JOKKMOKK

There is almost a full day for visiting the Arctic town of Jokkmokk, which for the past 400 years hosts a famous Winter Market. A visit to Ájtte, Swedish Mountain and Sámi Museum, is recommended, as is the adjacent Fjällträdgård, where you can study the flora of the mountain world. Entrance is included in the package. Early evening, the journey with Inlandsbanan continues through the world heritage Laponia, to Inlandsbanan's northernmost station: Gällivare. Here you will enjoy the midnight excursion to the mining town of Malmberget, which ends with a trip up to the top of Mount Dundret.

DAY 6 | GÄLLIVARE AND FLAVOURS FROM SÁPMI

After a good breakfast at the hotel, a tasting of local delicacies "Flavours from Sápmi" is offered in the Laponia entrance, which is located in the station building, just opposite the hotel. The afternoon is free for your own activities, may we suggest a visit to the Aitik mine, the world's most efficient open-pit copper mine, or a walk up Mount Dundret.

DAY 7 | INLANDSBANAN GÄLLIVARE TO ÖSTERSUND

After an early breakfast, it is time to return back south to Östersund. The scenery actually looks different seen in "reverse order".

DAY 8 | LAST DAY OF THE TRIP

The trip ends after a nice breakfast at the hotel in Östersund.

Inlandsbanan



The package trip starts with a hotel night in Östersund on the following dates 2019:

June: 10, 17, 24 July: 1, 8, 15, 22, 29 August: 5, 12

PRICE PER PERSON

Östersund 7 nights Adult, shared double, from 11,990 SEK Child in extra bed 6,500 SEK Singe room supplement 2,100 SEK

THE PRICE INCLUDES

- · Trip with Inlandsbanan including Inlandsbanan Card and seat reservations, Östersund-Gällivare-Östersund.
- 7 nights in mid-range hotel, shared double room with breakfast.
- · Food walk including five dishes in Östersund.
- · Visit to Båtsuoj Sámi Centre including light meal.
- · Guided walking tour in Arjeplog and bus trip to Galtispouda mountain.
- Entrance to Silver Museum, lunch
- Entrance to Ájtte Swedish Mountain and Sámi Museum in Jokkmokk.
- · Flavours from Sápmi, and Midnight tour to Malmberget and Mount Dundret in Gällivare.
- · Transfer Slagnäs-Båtsuoj-Arjeplog-Arvidsjaur.

OPTIONAL EXTRAS

- · Cancellation insurance 200 SEK
- · Additional hotel nights pre or post tour

Please book your package tour well in advance as there is a limited number of seats on the railcars. For other prices please contact the booking office.

For best tips on activities on each overnight stay, contact the local tourist offices. Price, excursions and activities can vary during the season.

The price example above applies to departures 10 June and 12 August.

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